



Maths, Physics & Chemistry

Cellular tornadoes and how they shape our organs

by Yamini Ravichandran¹ | Postdoctoral Research Fellow

¹: Department of Biochemistry, Faculty of science, University of Geneva, Geneva Switzerland

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ABSTRACT

During development our organs take different distinct shapes. Recent results from our lab showed that under certain circumstances muscle cells collectively spiral and rotate to protrude and self-organize in 3D to form "cellular tornadoes".



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During growth and development, cells are known to self-organize to give rise to various shapes that define our organs. But how are the forces that drive this cell organization generated? Biochemists from our lab worked with physicists from the lab of Prof. Kruse to attempt to answer this, in this recent study, where the authors describe that muscle cells behave like semisolid matter to self-organize in 3D over time. The researchers designed a clever model to mimic muscle-like organization occurring in mammals. In the lab, they grew immature muscle cells that have not yet differentiated into adult muscle cells. The scientists grew these on a sticky disc-shaped surface where the cells can attach to and divide. In this system, they can easily follow the organization of these dividing cells with a microscope. They then observed the first steps of these progenitor muscle cells coming together and maturing to form muscle.



Initially, the sparse muscle cells divide to cover the entire surface of the disc. Once they cover the entire surface of the disc they start to collectively spiral around the edges of the disc. Over time the scientists observe that when these collectively spiraling muscle cells increase in number they stop spiraling and change their path. They now begin to accumulate in the center, creating an asterisk-like shape with their movement. This movement of cells creates an accumulation of cells in the center, like a mound of cells, ever growing in 3D.

The plot thickens when the cells in the mound start to spiral again like a tornado to push the cellular mound to a more prominent 3D protrusion. These fascinating tornado-like protrusions are more than a quarter of a millimeter in length: large enough to accommodate several layers of cells. This is evident in the beautiful images of the cellular protrusions gathering neighboring cells upwards to further create a tornado. What is even more captivating is the cells in the 3D protrusion grow in a spiraling fashion, resembling a spiral staircase. This spiraling behavior gives them their "cellular tornado" name.

The researchers show that the way these muscle cells organize over the length of the protrusion follows the physical behaviour of liquid crystals. A liquid crystal is a material which has both liquid and solid nature. For example, a liquid crystal may flow like a liquid (its individual particles do not have a fixed position) but its particles have an orientation like a solid. Some regions of the liquid crystal lose this orientation order and disordered regions are formed. Asterisks and spirals are regions of loss of order with singularities i.e regions where the particles are orientated towards a central point.

The scientists saw that these asterisk and spiral patterns found in liquid crystals also dictate the organization of muscle cells. This result is extremely exciting as it suggests that biological systems also have to abide by physical laws.